

॥ यतिपञ्चकम् ॥  
YATI - PAÑCAKAM

(1)

वेदान्तवाक्येषु सदा रमन्तो  
भिक्षान्नमात्रेण च तुष्टिमन्तः ।  
विशोकमन्तः करणेचकन्तः (विशोकवन्तः (अशोकवन्तः)  
करुणैकवन्तः)  
कौपीनवन्तः खलु भाग्यवन्तः ॥

Ever revelling in the (actual experience of the import of) Vedanta - vakyas, fully satisfied with mere bhikshanna (food got by alms), moving about, free from grief at heart (free from grief and full of kingness for all), blessed, indeed, are those (yatis - ascetics) clad in the loin-cloth.

(2)

मूलं तरोः केवलमाश्रयन्तः  
पाणिद्वयं भोक्तुममत्रयन्तः ।  
कन्थामिव श्रीमपि कुत्सयन्तः  
कौपीनवन्तः खलु भाग्यवन्तः ॥

Resorting (for rest) only to the foot of the tree, turning the palms into a bowl for taking (eating) food, looking down upon even wealth like an old patched cloth, Blessed indeed are those clad in the loin-cloth.

(3)

देहाभिमानं परिहृत्य दूरात् (देहात्मभावं परिमार्जयन्तः)  
आत्मानमात्मन्यवलोकयन्तः ।  
नान्तर्न मध्यं न बहिः स्मरन्तः (अहर्निशंब्रह्मणि ये रमन्तः)  
कौपीनवन्तः खलु भाग्यवन्तः ॥

Keeping away the sense of possession over (attachement to) the body, (never mistaking the body for the soul), steeped in the direct experience of the Supreme Soul within oneself, not remembering (forgetting) all else inside, in the middle, or outside, (revelling ever and anon in the soul Supreme), Blessed indeed are those clad in the loin-cloth.

(4)

स्वानन्दभावे परितुष्टिमन्तः

संशान्त (सुशान्त) सर्वेन्द्रियवृत्ति (दृष्टि) मन्तः ।

अहर्निशं ब्रह्मणि ये रमन्तः (नान्तर्न मध्यं न बहिः स्मरन्तः)

कौपीनवन्तः खलु भाग्यवन्तः ॥

Joyously absorbed in the blessed state of the Self, with all the operations (cognitions and experiences) of the senses stilled, revelling in Brahman day and night (forgetting all within, in between and without), Blessed, indeed, are those clad in the loin-cloth.

(5)

पञ्चाक्षरं (ब्रह्माक्षरं) पावनमुञ्चरन्तः

पतिं पशूनां हृदि भावयन्तः ।

भिक्षाशना (भिक्षाशिनो) दिक्षुपरिभ्रमन्तः

कौपीनवन्तः खलु भाग्यवन्तः ॥

Muttering the sacred Pancakshara, five - syllabled mantra (the syllable OM representing Brahman), meditating at heart, on the Lord of all Beings, subsisting on alms and moving about in all directions at will, Blessed, indeed are those clad in the loin - cloth

